

Weekly Newsletter

Caitlin Berger Flute Studio
October 18, 2022

Upcoming Events

Fall Studio Class

Oct. 22 & 23 @ 7 PM
(Please register on MMS)

I Musici Concert

Thurs. Oct. 20 @ 7 PM

Announcements

This weekend is our first **studio event** of the season! You can either attend on **Saturday, Oct. 22 at 7 pm OR Sunday, Oct. 23 at 7 pm**. Please **register** using the MMS calendar so I know who is attending on which night! And please let me know if you **cannot** attend at all.

There is nothing to prepare - we will compare and contrast videos of flute performances and simply discuss what we think! So bring your ears and enthusiasm with you :)



Artist Spotlight

Maxim Vengerov

He is a Russian-born Israeli violinist. He was a successful musician as a young child, winning competitions and studying with great teachers in London, Germany, and Israel. He is one of the most prolific solo violinists of his generation, performing all around the world with various orchestras. He is also an accomplished conductor. Learn more about him [here](#).



Listening Recommendations

Click the title to watch the video!

Ruth Crawford Seeger's *Kaleidoscopic Changes*

Astor Piazzolla's *Tango Etude No. 6 for Solo Flute*

Eugene Ysaye's *Sonata No. 3 in D minor, Ballade*

Advice Corner

This week's advice comes from cellist **Jalayne**. She suggests **specific things you really need to succeed as a musician**. This is especially useful for those who want to study music in college/university or simply want to play with others!

1. **Good communication skills** with musicians and teachers. Healthy ways to say no without offending the other person or damaging reputations, how to properly discuss disagreements.
2. A solid and sustainable **practice plan** that is easy to stick to when times are busy or difficult, and effective **practice techniques** that actually work.
3. Prioritize well-rounded **mental health** for you as a person, not just the 'musician'.
4. **Separation** from the unhealthy indoctrinations of the classical music space that completely disregard our mental health and well-being.

We have to **advocate** for ourselves and our needs. It's up to us to create and uphold **healthy** habits that work for us as people and as musicians.

Inspiring Quote

"So long as your desire to explore is greater than your desire to not screw up, you're on the right track."

-Ed Helms

